

To All Participating Clubs and Officials,

We are excited to be your hosts of the **2020 Third Ontario Cup for Trampoline and Tumbling**, taking place from March 6 to 8. As you'll notice by our watermark, we are following a rock 'n' roll theme. We will have a photo booth beside the awards area that we encourage everyone to use, as well as trivia and great music throughout the weekend.

Please read through the following notes about the event. If you have any questions or concerns, please email events@oaagym.ca or visit our Third Cup blog for more information <https://oaagym.ca/2019/09/18/third-ontario-cup/>. For social media, please use the following: **#gymnasticsontario #oaagym #3rdontcup**

Venue

The competition is located at the **Health and Wellness Centre @ Durham College/UIT** (2000 Simcoe Street North, Oshawa), just North of the 401 on Simcoe Street in Oshawa. There is Parking over the weekend in Founders lot 2 and then follow the sidewalk south to the facility. Please refer to page 3 of this letter for a map.

Security and Entrance/Exits

Doors will open at 3:00 PM on Friday, March 6, 8:00 AM Saturday, March 7 and 8:00 AM Sunday, March 8. Paragon Security has been hired to help us optimize the flow of spectator traffic during the event. There will be an **athlete/coach entrance** just beside the admissions table, as well as a separate entrance/exit on the north wall, (all other entrances/exits will be locked). We ask that coaches, judges and athletes respect the appropriate entrances/exits. We will provide wrist bands to athletes, coaches and judges by the entrance for those who wish to be spectators when they are not scheduled to be on the competition floor (individuals need to be registered coaches, athletes and/or scheduled judges for the event).

Warm-up Areas

There will be two warm-up areas in the gym, one closest to the tumbling strip landing zone and the other immediately right from the entrance (refer to page 3 for reference). This space is available for athletes to do their general stretch. A second area was added to accommodate the overflow of athletes and their 'stuff,' but it will take the cooperation of each club to help respect this space, keep items to the side and keep the area clear for those who need it.

Aerial Show

We will be showcasing 6 of our aerial acrobats on Saturday, March 7 at 1:00 PM, as well as 2:30 PM in the awards area. This will not interfere with the event schedule but will cause a short intermission from awards for each (approximately a 20-minute) performance.

Coaches and Judges Meals

Aramark catering will be providing the meals for coaches and judges in room G231, which is located upstairs, just East of the gym. Additionally, snacks, tea, coffee, water and fruit will be available in the gym between meals. In an effort to reduce waste, we ask that coaches and judges bring their refillable

water bottles and mugs (no plastic water bottles will be available). Aramark would like to note that although they have taken measures to ensure an environment free of peanuts, they cannot guarantee environments to which their vegetables, fruit and raw meat comes from were controlled environments free of peanuts. Meal times and Quick Menu below:

Friday, March 6

Dinner – 3:00 to 8:00 (Salad Bar, Vegan Soup and Assorted Desserts)

Saturday, March 7

Breakfast – 8:00 AM to 12:00 PM (Mini quiche, eggs, mini muffins and pastries)

Lunch – 12:30 PM to 5:00 PM (Assorted Sandwiches and Salads)

Dinner – 5:30 PM to 7:00 PM (Chicken and Potatoes, Chef's vegan option*)

Sunday, March 8

Breakfast – 8:00 AM to 12:00 PM (Bagels, Oatmeal, Muffins)

Lunch – 12:30 PM to 4:00 PM (Taco Bar** and Cookies)

Dinner – 4:00 PM to 6:00 PM (Assorted Wrap Platter)

**Vegan option for Saturday lunch will be chef's special*

***Vegan protein TBD, also chef's special*

Coaches and Judges Social

There will be a Coaches and Judges social at the Simcoe Ale house just north on Conlin Road at 7:00 PM on Saturday, March 7. No admission or tickets required, there will be drinks and food available for purchase.

Vendors, Partners and Sponsors

We are happy to showcase some amazing vendors that will be on-site for the event: Saucy's World Gymnastics Leotards, Fine Designs Event Apparel and FitsUWell Boutique (Trampoline Slippers and Accessories). We will also be showcasing some of our partners and sponsors: Canadian Adventure Camp, Camp Dreamwood, Matthews Media, 123 Paint, Physio FX, Back on Track Athletic Therapy and Speith Canada.

Scoring and Awards

Scoring Verification and DD Cards will be at the Head Scoring Table, which is located by the North Entrance (between two sets of Trampolines). Awards will be running throughout the day as they become available to us, with the slight intermission of the aerial shows on Saturday. Results will be posted on the East wall, between admissions and awards.

Layout and Parking

For reference, we have included a campus map, outlining parking and the venue, as well as a floor plan. Friday 6am-4:30pm, drivers will need to buzz in and out of the Founders 2 lot. There is a call button on the entrance and exit gates. Friday 4:30pm-11pm, Saturday 6am-10pm, Sunday 6am-10pm (No charge parking in the Founders 2 lot). Overflow lot for all three day will be the Commencement Lot. If you have any questions, concerns or comments, please do not hesitate to contact us.



Once again, allow us to extend my warmest welcome to this Third Ontario Cup!

Sincerely,



Adrian, Cameron and Madison
 Event Organizing Committee Leads
 Office: 905.492.9299

oaagym.ca

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"A lifetime of activity through the expression of movement"

